



*The Quilt of Life  
commemorates the love  
and lives of those who  
have given the gift of life.*



8 INCHES  
DO NOT PUT DESIGN IN THIS SPACE

7 INCHES

## QUILT SQUARE TEMPLATE

### INSTRUCTIONS TO MAKE A QUILT SQUARE

*Please use this pattern when designing your quilt square. Your finished quilt square must be the same size as the outside heavy black line around these directions, 8 inches on each side.*

- **Your design must fit inside the dotted lines, inside the white area of this page, 7 inches on each side.** This leaves ½ inch on each side to allow for the square to be stitched onto the quilt. **There should be no design in the gray area.**
- It's very important that your square meets these two size guidelines. Quilt squares that do not meet these guidelines may need to be altered to be included in the quilt.
- Please use a light to medium weight cotton fabric for your square. Avoid using t-shirt material (cotton knit), sweatshirt material (fleece) or blue jean material (denim). These materials are very difficult to incorporate into a quilt.
- You may add your loved one's name, birth date and date of death if you wish. You may include a religious symbol, something that represents a favorite hobby, toy or occupation. You may want to decorate the square with poems, quotes or symbols that remind you of your loved one.
- If you wish to use a photograph of your loved one, you can buy fabric transfer paper at a craft store (Michael's, Hobby Lobby, A.C. Moore, etc.), copy your picture to the transfer paper using a computer printer) and iron it onto your fabric. **Our quilter recommends a product called "Printed Treasures."**
- You can use many different methods to decorate the square, including paint (no watercolors), permanent markers, cross stitch, appliqué, and embroidery. Please sew everything on the quilt square securely.
- Please DO NOT use glitter, stickers, crayons or paper. These items can easily fall off the quilt. Avoid using glue, since it does not last over time.
- Do not "finish" the square with quilting or backing.

*To see more quilt squares and completed quilts, visit [LifeShareCarolinas.org/quilt-of-life](http://LifeShareCarolinas.org/quilt-of-life).*

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